



CENTRO SPRING LUNCH MENU

EFFECTIVE MARCH 31ST, 2025

Lunch hours 11:30am to 1:30pm | Monday, Wednesday, Friday

STARTER

SOUP OF THE DAY	\$5
CLAM CHOWDER	\$6
CHEESE BLINTZ DUO	\$5
With berry sauce and sour cream	
CAESAR SALAD	half \$4
Romaine lettuce, croutons, parmesan	full \$8
cheese and anchovies with Caesar dressing	
SALAD OF THE WEEK	half \$4
	full \$8
<u>SALAD ADD ON:</u>	
SAUTÉED CHICKEN ♥	4oz \$9 6oz \$13
BREAST GF LF	
SAUTÉED SHRIMP GF LF ♥	3 for \$9
	5 for \$15
SALMON GF LF ♥	\$15
Seared or poached	

SIMPLY PREPARED

All sandwiches served with pickles - gluten free bread available upon request

ANGUS BURGER	\$12
6oz Angus beef burger served with lettuce, tomato, onion on a toasted brioche bun	
GRILLED CHEESE AND TOMATO	half \$5
Served on white or wheat bread	full \$10
TUNA SALAD SANDWICH	half \$5
Served on white or wheat bread	full \$10
SCRAMBLED EGGS	\$10
3 egg scrambled served with a side of toast	

SIDES (A LA CARTE)

Seasoned housemade chips Vg \$3
French fries \$5
Coleslaw V GF LF \$4
Cottage cheese \$3

CHEF'S SELECTIONS

All sandwiches served with pickles - gluten free bread available upon request

IMPOSSIBLE BURGER Vg LF	\$10
Flat-grilled plant-based burger on a whole wheat bun served with lettuce, tomato and onion	
DUCK QUESADILLA	\$14
Pulled duck, cherries and cheese blend on a white wrap grilled and served with guacamole and sour cream	
VEGETABLE QUESADILLA Vg LF	\$12
Plant based meat crumbles with cherries and vegan cheese on a white wrap grilled and served with guacamole	
NEWBRIDGE "MCMUFFIN"	\$8
Fried egg, turkey sausage patty and American cheese on English muffin	
SEASONED CHICKEN WINGS	4 for \$8
Crispy chicken wings served with choice of sauce: plain, bbq, ranch or duck	8 for \$16
VEGETABLE LO-MEIN V LF	\$9
Noodles stir-fry with Asian vegetables and garlic sauce served with spring rolls	
ADD: FRIED EGG \$4, SAUTEED CHICKEN BREAST \$13, SHRIMP \$15	

BREAD CHOICES:

whole wheat bun, brioche bun, white, wheat, English muffin

* Ask your server for the Soup & Special of the Day* bread available upon request

DESSERT

FRESH FRUIT CUP VG GF LF ♥ \$6
COOKIE OF THE WEEK \$2
ICE CREAM
Hershey 1 scoop \$3 2 scoop \$6
Crescent Ridge 1 scoop \$5 2 scoop \$10

BEVERAGES

Assorted soft drinks, coffee, decaf coffee and Harney's & Sons Tea

Consuming raw or undercooked meat, fish shellfish, poultry, or eggs can increase your risk of a food borne illness. Check with your server if you have specific dietary needs